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# Wharf Season Is Here Again



The Sayward Futures Visitor Centre and gift shop is now open. Check their website or Facebook page for hours of operation.

**Sayward Delivery** is away due to medical travel. Next delivery day is June 6<sup>th</sup>.

To advertise visit GoSayward.com and click on the 'Advertise' menu. To suggest a story, joke or verse idea, contact Hello@GoSayward.com. Thank you to our advertisers, contributors & SRD for making this newsletter possible.

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## SAYWARD COMMUNITY FOOD TABLE SOCIETY

**Food Sort Dates:** June 19, July 24,  
August 21, September 18, October  
16, November 13, December 11.



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## SAYWARD MARINE LIFE

As Sayward Futures reopens for the season, it's a great reminder of some marine life you might spot (or catch) from the wharf.

### Sea Mammals

- Orcas
- Humpbacks
- Gray Whales
- Minke Whales
- Dolphins
- Porpoises
- Harbour Seals
- Sea Lions
- Otters

### Fish

- Chinook  
Salmon
- Coho Salmon
- Pink Salmon
- Ling Cod
- Rock Cod
- Herring
- Octopus

### Birds

- Eagles
- Hawks
- Falcons
- Herons
- Sandpipers
- Plovers
- Snipes
- Ducks
- Geese
- Grebes
- Loons
- Cormorants
- Murres
- Gulls
- Kingfishers
- Wrens
- Sparrows
- Thrushes

- News
- Happenings
- History
- Artisans
- Tourist Info
- Weather



## KEY CONTACTS

- **Ambulance / Fire / Police** 9-1-1
- **Area A Director Gerald Whalley** 250.282.3787
- **Clinic** 250.282.3815
- **Community Paramedic** 250.201.7539
- **Elementary School** 250.282.3314
- **Harbour Authority** 250.282.0178
- **Mainroad North Island** 877.215.7122
- **Mayor Mark Baker** 250.203.5428
- **MLA Anna Kindy** 778.902.8544
- **MP Aaron Gunn** 250.434.0300
- **Post Office** 250.282.3223
- **School Trustee Shannon Briggs** 250.282.3364
- **Village Office** 250.282.5512

### HOURS OF OPERATION

#### Library

Tue 10a-230p  
Wed & Thu 230p-7p  
Fri & Sat 10a-230p

#### Post Office

Mon-Fri 9a-5p  
Sat 830a-1230p

#### Recycling Depot

Thu-Sun 9a-5p

#### Share Shed

Tue,Thu,Sat 10a-1p

#### Village Office

Mon-Fri 8a-4p  
Closed 12p-1p

#### Mens Shed @ Legion

Fri 1pm

### WORDS OF WISDOM

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." My soul is weary with sorrow; strengthen me according to your word. **John 16:33**



## Sayward Valley Resort

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# HISTORICAL HAPPENINGS

*(Continued from page 16)*

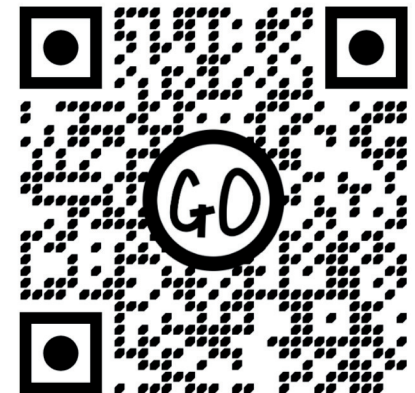
I watched, fascinated, as people kicked up their heels in square dances, waltz, lemonade and brownies. Other dances were called but the first-mentioned were best on account of the floor. The children amused themselves on the sidelines.

Halfway through the evening the MC called on Louis Proulx to entertain with a step-dance. Louis, a swarthy French-Canadian, bounced onto the floor and when Frank struck up a jig on his fiddle Louis' feet fairly flew. Charlie Gentry, a trapper, was next on the floor. Charlie was slim and loose-jointed and his dancing ran to Buck-and-Wing. They received hearty applause.

An impromptu barbershop quartet came next with Gordie Lawson, Harold Lewis and Ernie Williams along with another man, all facing in, arms over shoulders as they warbled Listen to the Mocking Bird, The Old Oaken Bucket, and other songs I came to know through their subsequent performances. The younger men were noticeably too shy to join in.

We danced with both young and old, there being no segregation on account of age in those days.

Scan to finish  
reading 'Welcome  
Party' by Rene  
Harding



## HISTORICAL HAPPENINGS

*(Continued from page 15)*

The little one-room schoolhouse sat in a clearing where Woodlands Lodge now stands. We were welcomed in and Mother and I were shown the women's dressing area, a space behind a large pot-bellied heater where a big preserving kettle full of water was in preparation for coffee making. A bucket and dipper stood on a bench by the door in case one should require a drink before refreshment time.

Desks had been pushed against the walls to make a space for dancing and a couple of coal oil lamps cast their glow upon the happy faces of men, women and children, glad to get together for a social evening and to exchange news and gossip.

A small organ stood in one corner next to the teacher's desk and Mother, who was musical, seemed interested in it but was told it didn't work as mice had chewed the insides.

Music for the dance was provided by the Duncan boys with their Amberola gramophone. They packed it to and from the dances. It was a heavy iron-based model dated in the late 1800s and had a large flared horn supported by a metal rod.

Alternate music was supplied by Frank Schmidt with his fiddle. Frank was an amiable Dutchman nicknamed Flannel-Foot because of his shuffling walk.

Then there was Hank McDonald with his concertina. We were duly warned about a step-up in the floor level, caused when the building had been enlarged. *(Continued on page 17)*

## JOKE OF THE MONTH

A man walks into a shop and sees a cute little dog. He asks the shopkeeper, "Does your dog bite?" The shopkeeper says, "No, my dog does not bite." The man tries to pet the dog and the dog bites him. "Ouch!" He says, "I thought you said your dog does not bite!" The shopkeeper replies, "That is not my dog!"



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## HISTORICAL HAPPENINGS



Frank Schmidt packing Salmon River trails in 1920s

### Welcoming Party - Settlers For Salmon River (Written by Rene Harding)

We hadn't been on the farm at Salmon River long when the scattered residents called a welcoming party for the new settlers, namely Colletts, and ourselves, the J. B. Howes family, and also for a bachelor not long returned from active service overseas. Colletts had been in the valley since December, 1919, four months before us. They were included in the official welcome even though they had attended a couple of once-a-month dances held in the schoolhouse.

*(Continued on page 15)*

## HISTORICAL HAPPENINGS

*(Continued from page 6)*

We were informed that ladies brought refreshments and cups—putting in two extra for bachelors—and the affair was to be held on Saturday evening. We looked forward to meeting valley residents; up until now we hadn't become acquainted with many.

Fridays were bath nights. Out came the wash boiler, the stove was stuffed with wood and towels draped over kitchen chairs, and a galvanized tub placed before the stove. We took turns in washing and there was the chore of packing water in pails. It was not very convenient, but it is amazing. Nothing seemed inconvenient but we were learning to cope.

On the Saturday evening of the party we packed our bags with the required articles, plus slippers, and waited for the Collett family to call for us. When they arrived Mother and I were advised to pin our skirts up above our gum boots as it would be a wet walk.

Off we started, carrying lanterns and bags; a bug being a tin can with a hole punched on one side and fitted with a candle. A wire handle was added. Lard pails made excellent bugs as they had handles which could be attached. These home-made lanterns gave quite a good light.

We avoided the muddy and pot-holed road by following a forest trail running between it and the river. A footing spanned Springer Creek. Most of the upper settlers preferred to walk this trail instead of using the road.

*(Continued on page 16)*

# GREG'S MEDIC MINUTES



Sorry, no event schedule calendar is available this month. For specifics around upcoming June events, please reach out to community paramedic Greg directly.

Email:

CP.Sayward@BCEHS.ca

Phone: 250-201-7539

# MEN'S SHED SOCIETY

Calling All Men

Join the Men's Shed Society of Sayward every Friday at 1pm at the Legion.



# SAYWORD SEARCH

## In The Community

D L E V A R T N A G O K S Y E L L E H S Q M G A C V  
Y E A D X M X U D C G D T E W T Z Y Z G B L D E Y T  
Z S A Y W A R D V A L L E Y R E S O R T J V F S T X  
A P T G A V H X P J P L Y L J D N S F Q A Q C G E R  
D B L T Q X X A N M Z G B G I U D Q E N N X A V I M  
H W V A U A A P Q C H G P H C V S L C V L T C B C C  
E G N I K C U R T A M O U L J D E E W H A N N H O Q  
R G E W U C Q Z Q O Q F E I F C D R Y B Z W O G S B  
I E M A G D N A H S I F P O M B B D Y Q P W S Y E U  
T G N I P E E K K O O B B W U C K P R M C V N R L L  
A S H D R W R U X G H Z B I Y L N W Y A I W I A B C  
G W M W E B C S E Q Q X L P P I L J L G W L L V A N  
E H W N K R A M U M R D H W C N D T J I N Y L K T E  
H C G U E Z C F F F E H Z O I I E Q Y C E B A S D D  
A O W S E S I R P R E T N E K C O R Y E R G M S O R  
L T N A R U A T S E R S D A O R S S O R C K N C O A  
L H P E J G N I M O O R G R U F G N I Y L F A W F G  
J Y S M L K C O N T R A C T I N G P T Y R L S G T L  
R Y R E V I L E D D R A W Y A S M A Z D A W U V M B  
S A Y W A R D M A R K E T I N G M C S R D O S F S O

- 1. AdvancedBuilders    2. Clinic    3. CrossroadsRestaurant    4. DeliveryMills
- 5. DJLuomaTrucking    6. FishAndGame    7. FlyingFurGrooming    8. FoodTableSociety
- 9. GardenClub    10. GoSayward    11. GreyRockEnterprises    12. HeritageHall
- 13. MLKContracting    14. PAC    15. SaywardDelivery    16. SaywardMarketing
- 17. SaywardValleyResort    18. ShelleySkoganTravel    19. SRD    20. SusanMallinson
- 21. WBookkeeping

**SAYWARD FISH AND GAME MEETS AT THE HERITAGE HALL, 730PM ON THE LAST WEDNESDAY OF THE MONTH. THERE ARE NO MEETINGS IN JULY, AUGUST AND DECEMBER.**


# SAUNTERING AROUND SAYWARD IS BACK!

A walking group for all ages and mobility levels. Meet at the Kelsey Centre Mondays at 12pm for a leisurely 30-45 minute walk to the totem pole and back. Well behaved dogs welcome.




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## SRD SPOTLIGHT

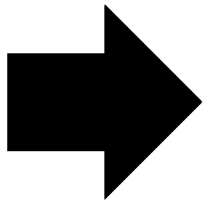
### SRD Area 'A' Director's Report – May 28, 2026

The Strathcona Regional District Board of Director's May 2026 meeting discuss or pass any issues that would impact SRD Area A. As such, there is nothing to report this month.

**Strathcona**  
REGIONAL DISTRICT



**Watch the  
meeting  
recordings  
here.**




---

**Free Seniors Luncheons will resume  
in the fall. Thanks to everyone who  
participated! ~Sayward Community  
Health Society.**

## GARDEN CLUB NEWS

The twenty-fourth of May weekend is the traditional gardening weekend on the coast with nights that are warm enough for the more cold sensitive plants like peppers and cucumbers. From this time of the year onward watering becomes critical with little or no rain. If you have clay based soil you can water more deeply as the moisture will not drain away and can come up through the soil carrying nutrients from deeper in the ground. Sandy soil requires more regular but moderate waterings. The compost also requires watering to work. A level of moisture similar to a wrung out sponge keeps the micro-organisms in the pile working to break down the organic components.

The Garden Club met for our regular gathering in May when we prepared for our annual plant sale on the following Saturday. The sale was a grand success and by the end of the sale almost everything was gone to new garden homes. Thank you to the club members who helped out and to the friends and neighbours who came to get plants. The proceeds of the sale go to provide funds to pay speakers who come from down island.

On Thursday, June 11th we will have Joyce McMenamon who will speak on "Composting Made Easy". The meeting starts at seven at the Heritage Hall and everyone is welcome. There is no membership fee and we each pay two dollars at the meeting to cover the cost of hall rental but there is no charge for your first meeting. New gardeners have a good opportunity to get tips from our experienced members. Please come and join us.

# SAYWARD CLINIC COLUMN

The clinic remains open for patients of the clinic, with Nurse Practitioner Enid O’Hara covering some shifts. Patients are required to show ID to receive services. Clinic hours remain the same, subject to change:

Monday to Wednesday: 9:00 AM – 5:00 PM

Thursday: 9:00 AM – 4:00 PM

**Call 250-282-3815**

The following services are available to everyone, you do not need to be a clinic patient: Lab, ECGs, 24-hour Holter monitoring, injections, wound and dressing care.

Please call when you can’t make your lab or NP appointment. We have very limited spots.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labs 9 – 11:30	2	3	4	5 CLINIC CLOSED	6
7	8 Labs 9 – 11:30	9	10 Public Health	11	12 CLINIC CLOSED	13
14	15 Labs 9 – 11:30	16	17	18	19 CLINIC CLOSED	20
21	22 Labs 9 – 11:30	23	24 Foot care nurse Tanya. Call to make an appointment 250-202-3802	25	26 CLINIC CLOSED	27
28	29 Labs 9 – 11:30	30 Ears to you- Mobile Hearing Clinic 10 – 3 call clinic to book!	1	2	3 CLINIC CLOSED	4

Two experienced foot care nurses will be coming to Sayward each month. They will offer appointments at the local medical clinic on an alternating schedule. Clinics are currently confirmed through August, and organizers hope to continue the service into the fall.

The nurses operate as private providers, which is standard for specialized foot care services. Fees are affordable, and patients will receive receipts that may be used for extended health insurance claims or income tax purposes. To help keep costs down, the Sayward Community Health Society is covering part of the nurses' travel expenses.

Appointments must be booked directly with the nurses, not through the Sayward medical clinic. For the April clinic, priority will be given to patients currently receiving foot care from the community paramedic.

**Upcoming clinic dates:**

- June 24th – Tanya Cullen (\$70/hour) 250-202-3802
- July 28th – Conny Agarwal (\$65/hour) 416-399-8123
- August 25th – Tanya
- September 29th - Conny
- October 20th - Tanya
- November TBA - Conny (weather dependant)

Payment can be made by cash, cheque, or e-transfer. Credit and debit cards will not be accepted. This service will help locals access foot care without travelling. Organizers hope strong community support will help keep the program running well beyond the summer.